

Personal, Social and Emotional Development

- What makes me special/ my special people
- Who can help me?
- Naming feelings
- Self-care and self-regulation techniques
- Developing relationships
- Class rules: Behavioural expectations in the class/boundaries set

Physical Development

- Getting dressed independently.
- PE- Fundamental Movement Skills.
- Develop confidence and movement skills using the space outdoors.
- Develop and refine fine motor skills and hand eye coordination needed for writing, through fine motor activities and dough disco.
- Develop a dominant hand and effective pencil grip

Communication and Language

- Talking about family/ routines and special occasions.
- Following instructions in routines.
- Developing listening skills and phonological awareness.
- Developing social phrases e.g. 'good morning!'
- Engaging in story times.
- Develop vocabulary through play opportunities and stories.

Mathematics

- Baseline/getting to know you
- Matching/Sorting
- Comparing amounts
- Compare Size/mass/capacity
- Exploring patterns
- Understanding numbers 1 – 5

All About Me/Autumn



Reception

Literacy

- Listen and enjoy sharing and joining in with a wide range of books, poems and songs.
- Phonics - start to learn to read and write sounds in Phase 2.
- Give meaning to marks they make. Understand that thoughts can be written down.
- Start to blend known sounds to read simple regular words e.g. mum, dad.
- Write their name with a name card or write it from memory.

Understanding the World

- Talk about members of their immediate family and the relationship to them, name and describe people who are familiar to them.
- Learn about themselves and special things in their own lives.
- Develop a sense of the past and that things happened before now are in the past.
- Develop an awareness of nursery rhymes being from the past.
- Explore stories from the past.

Expressive Arts and Design

- Learn how to draw self-portraits.
- To handle tools effectively – particularly in preparation for wood work.
- To build models.
- Sing familiar songs and nursery rhymes.
- Begin to tap a beat.
- Explore musical instruments.

Can you help?

Promote independence in your child by encouraging them to get dressed by themselves. Read with your child at home each night, encourage them to use their phonics skills to blend words and ask questions about their book using the bookmark.